

PACKAGE LEAFLET: INFORMATION FOR THE USER

Zolmitriptan Jubilant 2.5 mg and 5 mg orodispersible tablets

Zolmitriptan

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet:

1. What Zolmitriptan Jubilant is and what it is used for
2. What you need to know before you take Zolmitriptan Jubilant
3. How to take Zolmitriptan Jubilant
4. Possible side effects
5. How to store Zolmitriptan Jubilant
6. Contents of the pack and other information

1. What Zolmitriptan Jubilant is and what it is used for

Zolmitriptan Jubilant contains zolmitriptan and belongs to a group of medicines called triptans.

Zolmitriptan Jubilant is used to treat migraine headache in adults aged 18 years and older.

- Migraine symptoms may be caused by the widening of blood vessels in the head. Zolmitriptan Jubilant is thought to reduce the widening of these blood vessels. This helps to take away the headache and other symptoms of a migraine attack, such as feeling or being sick (nausea or vomiting) and being sensitive to light and sound.
- Zolmitriptan Jubilant works only when a migraine attack has started. It will not stop you from getting an attack.

2. What you need to know before you take Zolmitriptan Jubilant

Do not take Zolmitriptan Jubilant

- if you are allergic to zolmitriptan or any of the other ingredients of this medicine (listed in section 6).
- if you have high blood pressure.
- if you have ever had heart problems, including a heart attack, angina (chest pain caused by exercise or effort), Prinzmetal's angina (chest pain which happens at rest) or have experienced heart related symptoms such as shortness of breath or pressure over the chest.
- if you have had a stroke or short-lasting symptoms similar to stroke (transient ischaemic attack or TIA).
- if you have severe kidney problems.
- if you are at the same time taking some other medicines for migraine (e.g. ergotamine or ergot-type medicines like dihydroergotamine and methysergide) or other triptan medicines for migraine. See section below: 'Other medicines and Zolmitriptan Jubilant' for further information.

If you are not sure if any of these apply to you, talk to your doctor or pharmacist.

Warnings and precautions

Talk to your doctor or pharmacist before taking Zolmitriptan Jubilant if:

- you are at risk of getting ischaemic heart disease (poor blood flow in the arteries of the heart). Your risk is greater if you smoke, have high blood pressure, high levels of cholesterol, diabetes or if anyone in your family has ischaemic heart disease.
- you have been told that you have Wolff-Parkinson-White Syndrome (a type of abnormal heart beat).
- you have ever had liver problems.
- you have headaches which are not like your usual migraine headache.
- you are taking any other medicine for treatment of depression (see 'Taking Other medicines' later in this section).

If you go into hospital tell the medical staff you are taking Zolmitriptan Jubilant.

Zolmitriptan Jubilant is not recommended for people aged under 18 years or over 65.

As with other migraine treatments, using too much Zolmitriptan Jubilant can cause daily headaches or can make your migraine headaches worse. Ask your doctor if you think that this is the case for you. You may need to stop using Zolmitriptan Jubilant to correct the problem.

Other medicines and Zolmitriptan Jubilant

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines. This includes herbal medicines and medicines you buy without prescription.

In particular, tell your doctor if you are taking any of the following medicines:

Medicines for migraine

- if you take triptans other than Zolmitriptan Jubilant, leave 24 hours before taking Zolmitriptan Jubilant.
- after taking Zolmitriptan Jubilant leave 24 hours before taking triptans other than Zolmitriptan Jubilant.
- if you take medicines containing ergotamine or ergot-type medicines (such as dihydroergotamine or methysergide), leave 24 hours before taking Zolmitriptan Jubilant.
- after taking Zolmitriptan Jubilant leave 6 hours before taking ergotamine or ergot-type medicines.

Medicines for depression

- moclobemide or fluvoxamine.
- medicines called SSRIs (selective serotonin reuptake inhibitors).
- medicines called SNRIs (serotonin norepinephrine reuptake inhibitors) such as venlafaxine, duloxetine.

Serotonin syndrome is a rare, life-threatening condition that has been reported in some patients who took Zolmitriptan Jubilant in combination with so called serotonergic medicines (e.g. certain medicines for the treatment of depression). Signs of serotonin syndrome may be for example, agitation, tremor, restlessness, fever, excessive sweating, twitching, muscle rigidity uncoordinated movement of limbs or eyes and uncontrollable jerking of muscles. Your doctor may advise you on this.

Other medicines

- cimetidine (for indigestion or stomach ulcers).
- a quinolone antibiotic (such as ciprofloxacin).

If You are using herbal remedies containing St John's Wort (*Hypericum perforatum*), side effects of Zolmitriptan Jubilant may be more likely to happen.

Zolmitriptan Jubilant with food and drink

You can take Zolmitriptan Jubilant with or without food. It does not affect the way that Zolmitriptan Jubilant works.

Pregnancy, breast-feeding and fertility

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

- It is not known if taking Zolmitriptan Jubilant during pregnancy is harmful. Before taking Zolmitriptan Jubilant, tell your doctor if you are pregnant or trying to become pregnant.
- Do not breast-feed within 24 hours of taking Zolmitriptan Jubilant.

Driving and using machines

- During a migraine attack your reactions may be slower than usual. Bear this in mind when you drive or use any tools or machines.
- Zolmitriptan Jubilant is unlikely to affect driving or using tools or machines. However, it is best to wait to see how Zolmitriptan Jubilant affects you before you try these activities.

Zolmitriptan Jubilant contains aspartame

Zolmitriptan Jubilant orodispersible tablets contain aspartame. Zolmitriptan Jubilant 2.5 mg contains 0.250 mg aspartame per tablet and Zolmitriptan Jubilant 5 mg contains 0.500 mg aspartame per tablet. Aspartame is a source of phenylalanine. It may be harmful if you have phenylketonuria (PKU), a rare genetic disorder in which phenylalanine builds up because the body cannot remove it properly.

Zolmitriptan Jubilant contains sodium:

This medicine contains less than 1 mmol sodium (23 mg) per tablet, that is to say essentially 'sodium-free'.

3. How to take Zolmitriptan Jubilant

Always take this medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

You can take Zolmitriptan Jubilant as soon as a migraine headache starts. You can also take it once an attack is underway.

- The usual dose is one tablet (either 2.5 mg or 5 mg).
- You can take another tablet if the migraine is still present after two hours **or** if it returns within 24 hours.

If the tablets did not give you enough help with your migraine, tell your doctor. Your doctor may raise the dose to 5 mg or change your treatment.

Do not use more than the dose prescribed for you.

- Do not use more than two doses in one day. If you have been prescribed the 2.5 mg tablet, the maximum daily dose is 5 mg. If you have been prescribed the 5 mg tablet, the maximum daily dose is 10 mg.
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Instruction for use

1. Peel the blister pack open. Do not push the tablet through the foil.
2. Place the tablet on your tongue, where it will dissolve and be swallowed with the saliva. You do not have to take a drink of water in order to swallow your tablet.

If you take more Zolmitriptan Jubilant than you should

If you have taken more Zolmitriptan Jubilant than prescribed by your doctor, tell your doctor or go to the nearest hospital straight away. Take the Zolmitriptan Jubilant medicine with you.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. Some of the symptoms below could be part of the migraine attack itself.

Stop taking Zolmitriptan Jubilant and contact your doctor straight away if you experience any of the following side effects:

Rare side effects (may affect up to 1 in 1,000 people):

- Allergic/hypersensitivity reactions including lumpy rash (hives) and swelling of the face, lips, mouth, tongue and throat; difficulty swallowing or breathing difficulties.

Very rare side effects (may affect up to 1 in 10,000 people):

- Angina (pain in the chest, often brought on by exercise), heart attack or spasm of the blood vessels of the heart. You may notice chest pain or shortness of breath.

Spasm of the blood vessels of the gut, which can cause damage to your gut. You may notice stomach pain or bloody diarrhoea.

Other side effects that may occur:

Common side effects (may affect up to 1 in 10 people):

- Abnormal sensations such as tingling in your fingers and toes or skin that is sensitive to touch.
- Feeling sleepy, dizzy or warm.
- Headache.
- Uneven heart beat.
- Feeling sick, vomiting.
- Stomach pain.
- Dry mouth.
- Muscle weakness or muscle pain.
- Feeling weak.
- Heaviness, tightness, pain or pressure in throat, neck, arms and legs, or chest.
- Difficulty in swallowing.

Uncommon side effects (may affect up to 1 in 100 people):

- Very fast heart beat.
- Slightly higher blood pressure.
- Increase in the amount of water you pass (urine) or in how often you need to pass water.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [the national reporting system listed in Appendix V](#). By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Zolmitriptan Jubilant

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the blister and the carton after EXP. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Zolmitriptan Jubilant contains

- The active substance is zolmitriptan. Zolmitriptan Jubilant orodispersible tablets contain either 2.5 mg or 5 mg of zolmitriptan.
- The other ingredients are Mannitol (E421), Magnesium Aluminometasilicate, Low substituted Hydroxy Propyl Cellulose, Aspartame (E951), Sodium Lauril Sulfate, Basic Butylated Methacrylate Copolymer, Talc, Colloidal anhydrous silica, Magnesium stearate, Peppermint Flavour (containing e.g. maltodextrin, natural flavours, modified corn starch).

What Zolmitriptan Jubilant looks like and contents of the pack

Zolmitriptan Jubilant 2.5 mg orodispersible tablets are white to off-white round flat tablets of 5.5 mm diameter, debossed with “2.5” on one side, having a characteristic flavour.

Zolmitriptan Jubilant 5 mg orodispersible tablets are white to off-white round flat tablets of 7.0 mm diameter, debossed with “5” on one side, having a characteristic flavour.

Zolmitriptan Jubilant orodispersible tablets 2.5 mg comes in peelable blister packs containing 2, 3, 6 or 9 tablets.

Zolmitriptan Jubilant orodispersible tablets 5 mg comes in peelable blister packs containing 2, 3, 6, 9, 12 or 18 tablets.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

<[To be completed nationally]>

Manufacturer

For EU

PSI supply nv
Axxes Business Park
Guldensporenpark 22 – Block C
9820 Merelbeke
Belgium

or

Rafarm SA
8 Kapodistriou & 12 Korinthou str
GR-154 51 Neo Psihico
Athens
Greece

or

PharmaS d.o.o.
Industrijska cesta 5
Potok
Popovača, 44317
Croatia

For UK

Elara Pharmservices Ltd.
Iron Farm
7 Grimes Gates
Diseworth
DE742QD
United Kingdom

This medicinal product is authorised in the Member States of the EEA under the following names:

Sweden: Zolmitriptan Jubilant
United Kingdom: Zolmitriptan
The Netherlands: Zolmitriptan Jubilant
Italy: ZOLMITRIPTAN DOC Generici

This leaflet was last revised in 08/2025