

Summary Public Assessment Report

Sitagliptin Aspire (sitagliptin phosphate monohydrate, sitagliptin)

SE/H/2501/001-003/DC

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Sitagliptin Aspire
sitagliptin phosphate monohydrate, sitagliptin

Film-coated tablet, 25 mg, 50 mg, 100 mg

This is a summary of the public assessment report (PAR) for Sitagliptin Aspire. It explains how the assessment was made and why the authorisation was recommended as well as the conditions of use. It is not intended to provide practical advice on how to use the product.

For practical information about the use of the product, patients should read the package leaflet or contact their doctor or pharmacist.

What is Sitagliptin Aspire and what is it used for?

The product is a 'generic medicine'. This means that it is similar to a 'reference medicine' already authorised in the European Union (EU) called Januvia.

This product helps to increase the levels of insulin produced after a meal and decreases the amount of sugar made by the body.

The product can be used in patients with type-2 diabetes to help lower the blood sugar. This medicine can be used alone or in combination with certain other medicines (insulin, metformin, sulphonylureas, or glitazones) that lower blood sugar, which the patient may already be taking for the diabetes together with a food and exercise plan.

How does Sitagliptin Aspire work?

This product contains the active substance sitagliptin, which is a member of a class of medicines called DPP-4 inhibitors (dipeptidyl peptidase-4 inhibitors) that lowers blood sugar levels in adult patients with type 2 diabetes mellitus.

Type 2 diabetes is a condition in which your body does not make enough insulin, and the insulin that your body produces does not work as well as it should. Your body can also make too much sugar. When this happens, sugar (glucose) builds up in the blood. This can lead to serious medical problems like heart disease, kidney disease, blindness, and amputation.

How is Sitagliptin Aspire used?

The pharmaceutical form is a film-coated tablet for oral use.

Please read section 3 of the package leaflet for detailed information on dosing recommendations, the route of administration, and the duration of treatment.

The medicine can only be obtained with a prescription in Sweden.

What benefits of Sitagliptin Aspire have been shown in studies?

No additional studies were needed as the product is a generic medicine considered to be bioequivalent to the reference medicine, Januvia. Two medicines are bioequivalent when they produce the same levels of the active substance in the body.

What are the possible side effects from Sitagliptin Aspire?

Because the product is a generic medicine, its benefits and possible side effects are taken as being the same as the reference medicine.

For the full list of side effects, see section 4 of the package leaflet.

For the full list of restrictions, see the package leaflet.

Why is Sitagliptin Aspire approved?

It was concluded that, in accordance with EU requirements, the product has been shown to have comparable quality and is considered to be similar to the reference medicine. Therefore, the Swedish Medical Products Agency decided that, as for Januvia, the benefits are greater than its risks and recommended that it can be approved for use.

What measures are being taken to ensure the safe and effective use of Sitagliptin Aspire?

A risk management plan has been developed to ensure that the product is used as safely as possible. Based on this plan, safety information has been included in the summary of product characteristics and the package leaflet, including the appropriate precautions to be followed by healthcare professionals and patients.

Known side effects are continuously monitored. Furthermore, new safety signals reported by patients/healthcare professionals will be monitored/reviewed continuously as well.

Other information about Sitagliptin Aspire

The full PAR for Sitagliptin Aspire can be found on the following website: <http://mri.medagencies.org/Human/>. For more information about treatment with Sitagliptin Aspire, please read the package leaflet or contact your doctor or pharmacist.

This summary was last updated in 2025-01.