

## **PACKAGE LEAFLET: INFORMATION FOR THE USER**

### **Miniderm 20 % cream**

Glycerol

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription. However, you still need to use Miniderm carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must contact a doctor if your symptoms worsen or do not improve.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

#### **In this leaflet:**

1. What Miniderm is and what it is used for
2. Before you use Miniderm
3. How to use Miniderm
4. Possible side effects
5. How to store Miniderm
6. Further information

### **1. WHAT MINIDERM IS AND WHAT IT IS USED FOR**

Miniderm is a white emollient cream containing 20 % glycerol. The water-binding ability of glycerol contributes to normalization of dry skin.

Miniderm is used for treating dry skin.

### **2. BEFORE YOU USE MINIDERM**

#### **Do not use Miniderm**

- if you are allergic (hypersensitive) to glycerol or any of the other ingredients of Miniderm.

#### **Pregnancy and breast-feeding**

Miniderm can be used during pregnancy and breast-feeding.

#### **Driving and using machines**

Miniderm has no effect on the ability to drive or use machines.

#### **Important information about some of the ingredients of Miniderm**

Miniderm contains:

- cetostearyl alcohol, which may cause local skin reactions (e.g. contact eczema).
- ethyl and methyl parahydroxybenzoate, which may cause allergic reactions (possibly delayed).

### **3. HOW TO USE MINIDERM**

The cream should be applied when needed, preferably several times daily, and always after contact with water. Apply as much as the skin can absorb without feeling sticky.

### **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Miniderm can cause side effects, although not everybody gets them.

*Common (experienced by more than 1 out of 100 users):* local, transient sensation of smarting, itching, stinging and redness.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

### **5. HOW TO STORE MINIDERM**

Do not store above 25°C.

Keep out of the reach and sight of children.

Do not use Miniderm after the expiry date which is stated on the packaging.

### **6. FURTHER INFORMATION**

#### **What Miniderm contains**

- The active substance is glycerol 200 mg/g.
- The other ingredients are hydrogenated canola oil, cholesterol, glycerol monostearate, macrogol stearate, cetostearyl alcohol, dimeticone, light liquid paraffin, hard paraffin, white soft paraffin, ethyl parahydroxybenzoate, methyl parahydroxybenzoate, purified water.

#### **What Miniderm looks like and contents of the pack**

*Appearance:* White cream

*Pack:*

Plastic tube (polyethylene), 100 g, with snap cap.

Plastic tube (polyethylene), 210 g, with snap cap.

Plastic jar (polypropylene) with pump, 380 g.

Plastic jar (polypropylene) with pump, 500 g.

Twin pack 600g containing, plastic jar (polypropylene) with pump, 500 g + plastic tube (polyethylene), 100 g, with snap cap.

Not all pack sizes may be marketed.

**Marketing Authorisation Holder and Manufacturer**

ACO HUD NORDIC AB, Box 622, 194 26 Upplands Väsby, Sweden

*Manufacturer:*

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