

Package leaflet: Information for the user

Miniderm Duo 20 mg/g + 200 mg/g cream urea, glycerol

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

Always use this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse have told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- You must talk to a doctor if your symptoms worsen or do not improve.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

What is in this leaflet

1. What Miniderm Duo is and what it is used for
2. What you need to know before you use Miniderm Duo
3. How to use Miniderm Duo
4. Possible side effects
5. How to store Miniderm Duo
6. Contents of the pack and other information

1. What Miniderm Duo is and what it is used for

Miniderm Duo is an emollient and protective cream that contains urea and glycerol.

Miniderm Duo is used for the moisturising treatment of dry skin in adults, adolescents and children of all ages.

2. What you need to know before you use Miniderm Duo

Do not use Miniderm Duo

- if you are allergic to urea, glycerol or any of the other ingredients of this medicine (listed in section 6).

Pregnancy and breast-feeding

Miniderm Duo can be used during pregnancy or breast-feeding.

Driving and using machines

Miniderm Duo has no effect on the ability to drive or use machines.

Miniderm Duo contains cetostearyl alcohol

Cetostearyl alcohol may cause local skin reactions (e.g. contact dermatitis).

3. How to use Miniderm Duo

Always use this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse have told you. Check with your doctor, pharmacist or nurse if you are not sure.

Adults, adolescents and children

The cream should be applied on the skin at least twice daily, and preferably after contact with water. Apply as much as the skin can absorb without feeling sticky.

There is no known risk of overdose if you take more Miniderm Duo than you should.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Common (may affect up to 1 in 10 people): Transient smarting, itching, stinging and redness of the skin.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via [the national reporting system](#) listed in [Appendix V](#). By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Miniderm Duo

Keep this medicine out of the sight and reach of children.

Do not store above 25 C.

Once opened, the cream should be used within 6 months.

Do not use this medicine after the expiry date which is stated on the packaging after EXP. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Miniderm Duo contains

- The active substances are glycerol and urea. 1 gram contains 20 mg urea and 200 mg glycerol.
- The other ingredients are butylene glycol (E 1502), hydrogenated canola oil, dexpanthenol, triglycerides medium-chain, cetostearyl alcohol, dimeticone (E 900), paraffin, hard (E 905), glycerol monostearate (E 471), macrogol stearate (E 431), triacetin (E 1518), carbomer and water.

What Miniderm Duo looks like and contents of the pack

Miniderm Duo is a white cream.

Pack sizes:

100 g plastic tube with a plastic flip-top snap cap.

500 g plastic jar, with a pump composed of plastic and steel.

600 g twin pack containing one 500 g plastic jar, with pump composed of plastic and steel + one 100 g plastic tube with a plastic flip-top snap cap.

Not all pack sizes may be marketed.

Marketing Authorisation Holder

[To be completed nationally]

Manufacturer

[To be completed nationally]

This leaflet was last revised in
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