

Package leaflet: Information for the user

Imatinib Grindeks 100 mg hard capsules imatinib

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Imatinib Grindeks is and what it is used for
2. What you need to know before you take Imatinib Grindeks
3. How to take Imatinib Grindeks
4. Possible side effects
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6. Contents of the pack and other information

1. What Imatinib Grindeks is and what it is used for

Imatinib Grindeks is a medicine containing an active substance called imatinib. This medicine works by inhibiting the growth of abnormal cells in the diseases listed below. These include some types of cancer.

Imatinib Grindeks is a treatment for adults and children for:

- **Chronic myeloid leukaemia (CML).** Leukaemia is a cancer of white blood cells. These white cells usually help the body to fight infection. Chronic myeloid leukaemia is a form of leukaemia in which certain abnormal white cells (named myeloid cells) start growing out of control.
- **Philadelphia chromosome positive acute lymphoblastic leukaemia (Ph-positive ALL).** Leukaemia is a cancer of white blood cells. These white cells usually help the body to fight infection. Acute lymphoblastic leukaemia is a form of leukaemia in which certain abnormal white cells (named lymphoblasts) start growing out of control. Imatinib Grindeks inhibits the growth of these cells.

Imatinib Grindeks is also a treatment for adults for:

- **Myelodysplastic/myeloproliferative diseases (MDS/MPD).** These are a group of blood diseases in which some blood cells start growing out of control. Imatinib Grindeks inhibits the growth of these cells in a certain subtype of these diseases.
- **Hypereosinophilic syndrome (HES) and/or chronic eosinophilic leukaemia (CEL).** These are blood diseases in which some blood cells (named eosinophils) start growing out of control. Imatinib Grindeks inhibits the growth of these cells in a certain subtype of these diseases.
- **Gastrointestinal stromal tumours (GIST).** GIST is a cancer of the stomach and bowels. It arises from uncontrolled cell growth of the supporting tissues of these organs.
- **Dermatofibrosarcoma protuberans (DFSP).** DFSP is a cancer of the tissue beneath the skin in which some cells start growing out of control. Imatinib Grindeks inhibits the growth of these cells.

In the rest of this leaflet, we will use the abbreviations when talking about these diseases.

If you have any questions about how Imatinib Grindeks works or why this medicine has been prescribed for you, ask your doctor.

2. What you need to know before you take Imatinib Grindeks

Imatinib Grindeks will only be prescribed to you by a doctor with experience in medicines to treat blood cancers or solid tumours.

Follow all your doctor's instructions carefully, even if they differ from the general information contained in this leaflet.

Do not take Imatinib Grindeks:

- if you are allergic to imatinib or any of the other ingredients of this medicine (listed in section 6).

If this applies to you, **tell your doctor without taking Imatinib Grindeks.**

If you think you may be allergic but are not sure, ask your doctor for advice.

Warnings and precautions

Talk to your doctor before taking Imatinib Grindeks:

- if you have or have ever had a liver, kidney or heart problem.
- if you are taking the medicine levothyroxine because your thyroid has been removed.
- if you have ever had or might now have a hepatitis B infection. This is because Imatinib Grindeks could cause hepatitis B to become active again, which can be fatal in some cases. Patients will be carefully checked by their doctor for signs of this infection before treatment is started.
- if you experience bruising, bleeding, fever, fatigue and confusion when taking Imatinib Grindeks, contact your doctor. This may be a sign of damage to blood vessels known as thrombotic microangiopathy (TMA).

If any of these apply to you, **tell your doctor before taking Imatinib Grindeks.**

You may become more sensitive to the sun while taking Imatinib Grindeks. It is important to cover sun-exposed areas of skin and use sunscreen with high sun protection factor (SPF). These precautions are also applicable to children.

During treatment with Imatinib Grindeks, tell your doctor straight away if you put on weight very quickly. Imatinib Grindeks may cause your body to retain water (severe fluid retention).

While you are taking Imatinib Grindeks, your doctor will regularly check whether the medicine is working. You will also have blood tests and be weighed regularly.

Children and adolescents

Imatinib Grindeks is also a treatment for children with CML. There is no experience in children with CML below 2 years of age. There is limited experience in children with Ph-positive ALL and very limited experience in children with MDS/MPD, DFSP, GIST and HES/CEL.

Some children and adolescents taking Imatinib Grindeks may have slower than normal growth. The doctor will monitor the growth at regular visits.

Other medicines and Imatinib Grindeks

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, including medicines obtained without a prescription (such as paracetamol) and including herbal medicines (such as St. John's Wort). Some medicines can interfere with the effect of Imatinib Grindeks when taken together. They may increase or decrease the effect of Imatinib Grindeks, either leading to increased side effects or making Imatinib Grindeks less effective. Imatinib Grindeks may do the same to some other medicines.

Tell your doctor if you are using medicines that prevent the formation of blood clots.

Pregnancy, breast-feeding and fertility

- If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.
- Imatinib Grindeks is not recommended during pregnancy unless clearly necessary as it may harm your baby. Your doctor will discuss with you the possible risks of taking Imatinib Grindeks during pregnancy.
- Women who might become pregnant are advised to use effective contraception during treatment and for 15 days after ending treatment.
- Do not breast-feed during the treatment with Imatinib Grindeks and for 15 days after ending treatment, as it may harm your baby.
- Patients who are concerned about their fertility while taking Imatinib Grindeks are advised to consult with their doctor.

Driving and using machines

You may feel dizzy or drowsy or get blurred vision while taking this medicine. If this happens, do not drive or use any tools or machines until you are feeling well again.

3. How to take Imatinib Grindeks

Your doctor has prescribed Imatinib Grindeks because you suffer from a serious condition. Imatinib Grindeks can help you to fight this condition.

However, always take this medicine exactly as your doctor or pharmacist has told you. It is important that you do this as long as your doctor or pharmacist tells you to. Check with your doctor or pharmacist if you are not sure.

Do not stop taking Imatinib Grindeks unless your doctor tells you to. If you are not able to take the medicine as your doctor prescribed or you feel you do not need it anymore, contact your doctor straight away.

How much Imatinib Grindeks to take

Use in adults

Your doctor will tell you exactly how many capsules of Imatinib Grindeks to take.

- **If you are being treated for CML:**
Depending on your condition the usual starting dose is either 400 mg or 600 mg:
 - **400 mg** to be taken as 4 capsules **once** a day.
 - **600 mg** to be taken as 6 capsules **once** a day.
- **If you are being treated for GIST:**
The starting dose is 400 mg to be taken as 4 capsules **once** a day.

For CML and GIST, your doctor may prescribe a higher or lower dose depending on how you respond to treatment. If your daily dose is 800 mg (8 capsules), you should take 4 capsules in the morning and 4 capsules in the evening.

- **If you are being treated for Ph-positive ALL:**
The starting dose is 600 mg to be taken as 6 capsules **once** a day.
- **If you are being treated for MDS/MPD:**
The starting dose is 400 mg, to be taken as 4 capsules **once** a day.

- **If you are being treated for HES/CEL:**
The starting dose is 100 mg, to be taken as 1 capsule **once** a day. Your doctor may decide to increase the dose to 400 mg, to be taken as 4 capsules **once** a day, depending on how you respond to treatment.
- **If you are being treated for DFSP:**
The dose is 800 mg per day (8 capsules), to be taken as 4 capsules in the morning and 4 capsules in the evening.

Use in children and adolescents

The doctor will tell you how many capsules of Imatinib Grindeks to give to your child. The amount of Imatinib Grindeks given will depend on your child's condition, body weight and height. The total daily dose in children must not exceed 800 mg with CML and 600 mg with Ph+ ALL. The treatment can either be given to your child as a once-daily dose or alternatively the daily dose can be split into two administrations (half in the morning and half in the evening).

When and how to take Imatinib Grindeks

- **Take Imatinib Grindeks with a meal.** This will help protect you from stomach problems when taking Imatinib Grindeks.
- **Swallow the capsules whole with a large glass of water.** Do not open or crush the capsules unless you have difficulty in swallowing (e.g. in children).
- If you are unable to swallow the capsules, you can open them up and pour the powder into a glass of still water or apple juice.
- If you are a woman who is pregnant or might get pregnant and are trying to open the capsules, you should handle the contents with caution in order to avoid skin-eye contact or inhalation. You should wash your hands immediately after opening the capsules.

How long to take Imatinib Grindeks

Keep taking Imatinib Grindeks every day for as long as your doctor tells you.

If you take more Imatinib Grindeks than you should

If you have accidentally taken too many capsules, talk to your doctor **straight away**. You may require medical attention. Take the medicine pack with you.

If you forget to take Imatinib Grindeks

- If you forget a dose, take it as soon as you remember. However, if it is nearly time for the next dose, skip the missed dose.
- Then continue with your normal schedule.
- Do not take a double dose to make up a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them. They are usually mild to moderate.

Some side effects may be serious. Tell your doctor straight away if you get any of the following:

Very common (may affect more than 1 in 10 people) **or common** (may affect up to 1 in 10 people):

- Rapid weight gain. Imatinib Grindeks may cause your body to retain water (severe fluid retention).
- Signs of infection such as fever, severe chills, sore throat or mouth ulcers. Imatinib Grindeks can reduce the number of white blood cells, so you might get infections more easily.
- Unexpected bleeding or bruising (when you have not hurt yourself).

Uncommon (may affect up to 1 in 100 people) **or rare** (may affect up to 1 in 1,000 people):

- Chest pain, irregular heart rhythm (signs of heart problems).
- Cough, having difficulty breathing or painful breathing (signs of lung problems).
- Feeling light-headed, dizzy or fainting (signs of low blood pressure).
- Feeling sick (nausea), with loss of appetite, dark-coloured urine, yellow skin or eyes (signs of liver problems).
- Rash, red skin with blisters on the lips, eyes, skin or mouth, peeling skin, fever, raised red or purple skin patches, itching, burning sensation, pustular eruption (signs of skin problems).
- Severe abdominal pain, blood in your vomit, stools or urine, black stools (signs of gastrointestinal disorders).
- Severely decreased urine output, feeling thirsty (signs of kidney problems).
- Feeling sick (nausea) with diarrhoea and vomiting, abdominal pain or fever (signs of bowel problems).
- Severe headache, weakness or paralysis of limbs or face, difficulty speaking, sudden loss of consciousness (signs of nervous system problems such as bleeding or swelling in skull/brain).
- Pale skin, feeling tired and breathlessness and having dark urine (signs of low levels of red blood cells).
- Eye pain or deterioration in vision, bleeding in the eyes.
- Pain in bones or joints (signs of osteonecrosis).
- Blisters on skin or mucous membranes (signs of pemphigus).
- Numb or cold toes and fingers (signs of Raynaud's syndrome).
- Sudden swelling and redness of the skin (signs of a skin infection called cellulitis).
- Difficulty hearing.
- Muscle weakness and spasms with an abnormal heart rhythm (signs of changes in the amount of potassium in your blood).
- Bruising.
- Stomach pain with feeling sick (nausea).
- Muscle spasms with a fever, red-brown urine, pain or weakness in your muscles (signs of muscle problems).
- Pelvic pain sometimes with nausea and vomiting, with unexpected vaginal bleeding, feeling dizzy or fainting due to low blood pressure (signs of problems with your ovaries or womb).
- Nausea, shortness of breath, irregular heartbeat, clouding of urine, tiredness and/or joint discomfort associated with abnormal laboratory test results (e.g. high potassium, uric acid and calcium levels and low phosphorous levels in the blood).
- Blood clots in small blood vessels (thrombotic microangiopathy).

Not known (frequency cannot be estimated from the available data):

- Combination of a widespread severe rash, feeling sick, fever, high level of certain white blood cells or yellow skin or eyes (signs of jaundice) with breathlessness, chest pain/discomfort, severely decreased urine output and feeling thirsty etc. (signs of a treatment-related allergic reaction).
- Chronic renal failure.
- Recurrence (reactivation) of hepatitis B infection when you have had hepatitis B in the past (a liver infection).

If you get any of the above, **tell your doctor straight away.**

Other side effects may include:

Very common (may affect more than 1 in 10 people):

- Headache or feeling tired.
- Feeling sick (nausea), being sick (vomiting), diarrhoea or indigestion.
- Rash.
- Muscle cramps or joint, muscle or bone pain, during Imatinib Grindeks treatment or after you have stopped taking Imatinib Grindeks.
- Swelling such as round your ankles or puffy eyes.
- Weight gain.

If any of these affects you severely, **tell your doctor**.

Common (may affect up to 1 in 10 people):

- Anorexia, weight loss or a disturbed sense of taste.
- Feeling dizzy or weak.
- Difficulty in sleeping (insomnia).
- Discharge from the eye with itching, redness and swelling (conjunctivitis), watery eyes or having blurred vision.
- Nose bleeds.
- Pain or swelling in your abdomen, flatulence, heartburn or constipation.
- Itching.
- Unusual hair loss or thinning.
- Numbness of the hands or feet.
- Mouth ulcers.
- Joint pain with swelling.
- Dry mouth, dry skin or dry eye.
- Decreased or increased skin sensitivity.
- Hot flushes, chills or night sweats.

If any of these affects you severely, **tell your doctor**.

Uncommon (may affect up to 1 in 100 people):

- Painful red lumps on the skin, skin pain, skin reddening (inflammation of fatty tissue under the skin).
- Cough, runny or stuffy nose, feeling of heaviness or pain on pressing the area above the eyes or on the sides of the nose, nasal congestion, sneezing, sore throat, with or without headache (signs of upper respiratory tract infection).
- Severe headache felt as a throbbing pain or pulsing sensation, usually on one side of the head and often accompanied by nausea, vomiting and sensitivity to light or sound (signs of migraine).
- Flu-like symptoms (influenza).
- Pain or burning sensation while passing urine, increased body temperature, pain in groin or pelvic area, red- or brown-coloured or cloudy urine (signs of urinary tract infection).
- Pain and swelling of your joints (signs of arthralgia).
- A constant feeling of sadness and loss of interest, which stops you carrying out your normal activities (signs of depression).
- A feeling of apprehension and worry along with physical symptoms such as pounding heart, sweating, trembling, dry mouth (signs of anxiety).
- Sleepiness/drowsiness/excessive sleep.
- Trembling or shaky movements (tremor).
- Memory impairment.
- Overwhelming urge to move the legs (restless leg syndrome).
- Hearing noises (e.g. ringing, humming) in the ears that have no external source (tinnitus).
- High blood pressure (hypertension).
- Burping/belching.
- Inflammation of the lips.
- Difficulty swallowing.
- Increased sweating.
- Skin discolouration.
- Brittle nails.
- Red bumps or white-headed pimples around the roots of the hair, possibly with pain, itching or burning sensation (signs of inflammation of the hair follicles, also called folliculitis).
- Skin rash with flaking or peeling (exfoliative dermatitis).
- Breast enlargement (may occur in men or women).
- Dull pain and/or feeling of heaviness in the testicles or lower abdomen, pain during urination, sexual intercourse or ejaculation, blood in urine (signs of oedema of the testicles).
- Inability to get or keep an erection (erectile dysfunction).
- Heavy or irregular menstrual periods.

- Difficulty achieving/maintaining sexual arousal.
- Decreased sexual desire.
- Nipple pain.
- Generally feeling unwell (malaise).
- Viral infection such as cold sore.
- Lower back pain resulting from kidney disorder.
- Increased frequency of passing urine.
- Increase in appetite.
- Pain or burning sensation in upper abdomen and/or chest (heartburn), nausea, vomiting, acid reflux, feeling of fullness and bloating, black-coloured stools (signs of stomach ulcer).
- Joint and muscle stiffness.
- Abnormal laboratory test results.

If any of these affects you severely, **tell your doctor**.

Rare (may affect up to 1 in 1,000 people):

- Confusion.
- Nail discolouration.

Not known (frequency cannot be estimated from the available data):

- Reddening and/or swelling on the palms of the hands and soles of the feet which may be accompanied by tingling sensation and burning pain.
- Painful and/or blistering skin lesions.
- Slowing of growth in children and adolescents.

If any of these affects you severely, **tell your doctor**.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly **via the national reporting system listed in Appendix V**. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Imatinib Grindeks

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not use this medicine if you notice the pack is damaged or shows signs of tampering.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Imatinib Grindeks contains

- The active substance is imatinib (as mesilate). Each capsule of Imatinib Grindeks contains imatinib mesilate corresponding to 100 mg imatinib.
- The other ingredients are microcrystalline cellulose, colloidal anhydrous silica, crospovidone, talc, magnesium stearate.

Hard gelatin capsule (body and cap): titanium dioxide (E 171), red iron oxide (E 172), yellow iron oxide (E 172), gelatin.

What Imatinib Grindeks looks like and contents of the pack

Imatinib Grindeks 100 mg capsules are brownish-orange hard gelatin capsules, 19 mm in length. The content – white to light yellow or brownish yellow powder.

The capsules are packed in PVC/PVDC/aluminium blisters.

10 capsules per blister.

Pack sizes: 60 or 120 capsules.

Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

[To be completed nationally]

For any information about this medicine, please contact the local representative of the Marketing Authorisation Holder.

This medicine is authorised in the Member States of the European Economic Area and in the United Kingdom (Northern Ireland) under the following names:

Austria	Imatinib Grindeks 100 mg Hartkapseln
Belgium	Imatinib Grindeks 100 mg harde capsules
Czech Republic	Imatinib Grindeks
Estonia	Imatinib Grindeks
France	Imatinib Grindeks 100 mg, gélule
Hungary	Imatinib Grindeks 100 mg kemény kapszula
Latvia	Imatinib Grindeks 100 mg cietās kapsulas
Lithuania	Imatinib Grindeks 100 mg kietosios kapsulės
Romania	Imatinib Grindeks 100 mg capsule
Slovakia	Imatinib Grindeks 100 mg tvrdé kapsuly
Spain	Imatinib Grindeks 100 mg cápsulas duras
Sweden	Imatinib Grindeks 100 mg hårda kapslar
United Kingdom (Northern Ireland)	Imatinib Grindeks 100 mg hard Capsules

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