

Package leaflet: Information for the patient

Bupropion Orion 150 mg modified release tablets Bupropion Orion 300 mg modified release tablets

bupropion hydrochloride

Read all of this leaflet carefully before you start using this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Bupropion Orion is and what it is used for
2. What you need to know before you take Bupropion Orion
3. How to take Bupropion Orion
4. Possible side effects
5. How to store Bupropion Orion
6. Contents of the pack and other information

1. What Bupropion Orion is and what it is used for

Bupropion Orion is a medicine prescribed by your doctor to treat your depression. It's thought to interact with chemicals in the brain called noradrenaline and dopamine, which are linked with depression.

2. What you need to know before you take Bupropion Orion

Do not take Bupropion Orion

- if you are allergic to bupropion or any of the other ingredients of this medicine (listed in section 6)
- if you are taking any other medicines which contain bupropion
- if you have been diagnosed with epilepsy or have a history of seizures
- if you have a brain tumour
- if you are usually a heavy drinker who has just stopped or are about to stop drinking
- if you recently stopped taking sedatives or medicines to treat anxiety (especially benzodiazepines or similar medicines), or if you are going to stop them while you're taking Bupropion Orion
- if you have severe liver problems, such as cirrhosis
- if you have an eating disorder, or had one in the past (for example, bulimia or anorexia nervosa)
- if you are taking or have been taking other medicines for depression or Parkinson's disease called monoamine oxidase inhibitors (MAOIs) in the last 14 days. The timing may be shorter for some types of MAOIs, your doctor will advise you.

If any of these applies to you, talk to your doctor straight away, without taking Bupropion Orion.

Warnings and precautions

Talk to your doctor before using Bupropion Orion.

Fits (seizures)

Your doctor needs to know before you take Bupropion Orion:

- if you regularly drink a lot of alcohol
- if you have diabetes for which you use insulin or tablets
- if you have had a serious head injury or a history of head trauma
- if you take certain medicines, please see “Other medicines and Bupropion Orion”

Bupropion Orion has been shown to cause fits (seizures) in about 1 in a 1,000 people. This side effect is more likely to occur in people from the groups listed above. If you have a fit during treatment, you should stop taking Bupropion Orion. Do not take any more and see your doctor.

If you have had any mental health problems

Some people taking Bupropion Orion have had hallucinations or delusions (seeing, hearing or believing things that are not there), disordered thoughts or extreme mood swings. These effects are more likely in people who have had mental health problems before. If this applies to you, talk to your doctor again before taking Bupropion Orion. He or she may want to pay special attention to your care, or recommend another treatment.

High blood pressure

Some people taking Bupropion Orion have developed high blood pressure which needs treatment. If you already have high blood pressure, it can become worse. This is more likely if you are using nicotine patches to help you stop smoking.

You will have your blood pressure checked before you take Bupropion Orion and while you are taking it, especially if you already have high blood pressure.

Thoughts of suicide and worsening of your depression

If you are depressed you can sometimes have thoughts of harming or killing yourself. These may be increased when first starting antidepressants, since these medicines all take time to work, usually about two weeks but sometimes longer.

You may be more likely to think like this:

- if you have previously had thoughts about killing or harming yourself
- if you are a young adult. Information from clinical trials has shown an increased risk of suicidal behaviour in adults aged less than 25 years with psychiatric conditions who were treated with an antidepressant.

If you have thoughts of harming or killing yourself at any time, contact your doctor or go to a hospital straight away.

You may find it helpful to tell a relative or close friend that you are depressed, and ask them to read this leaflet. You might ask them to tell you if they think your depression is getting worse, or if they are worried about changes in your behaviour.

Liver and kidney problems

If you have liver or kidney problems, you may be more likely to get side effects. Talk to your doctor again before taking Bupropion Orion. He or she may want to pay special attention to your care, or recommend another treatment.

Children and adolescents

Bupropion Orion shall not be used by children and adolescents under 18 years of age. There is an increased risk of suicidal thoughts and behaviour when children under 18 years of age are treated with antidepressants.

Other medicines and Bupropion Orion

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines, herbs or vitamins, including products you bought yourself. He or she may alter your dose of Bupropion Orion, or suggest a change in your other medications.

If you are taking or have taken other antidepressants called monoamine oxidase inhibitors (MAOIs) in the last 14 days, tell your doctor without taking Bupropion Orion (see also “Do not take Bupropion Orion” in section 2).

Some medicines don't mix with Bupropion Orion. Some of them may increase the chance of fits or seizures. Other medicines may increase the risk of other side effects. Some examples are listed below, but it is not a complete list.

There may be a higher than usual chance of seizures:

- if you take other medicines for depression or other mental illness
- if you take theophylline for asthma or lung disease
- if you take tramadol, a strong painkiller
- if you have been taking sedatives, or if you are going to stop them while you're taking Bupropion Orion (see also “Do not take Bupropion Orion” in section 2)
- if you take medicines against malaria (such as mefloquine or chloroquine)
- if you take stimulants or other medicines to control your weight or appetite
- if you take steroids (by mouth or injection)
- if you take antibiotics called quinolones
- if you take some types of anti-histamines mainly used to treat allergies, that can cause sleepiness
- if you take medicines for diabetes.

If any of these applies to you, talk to your doctor straight away, before taking Bupropion Orion.

There may be a higher than usual chance of other side effects:

- if you take other medicines for depression (such as amitriptyline, fluoxetine, paroxetine, dosulepin, desipramine or imipramine) or other mental illness (such as clozapine, risperidone, thioridazine or olanzapine)
- if you take medicines for Parkinson's disease (levodopa, amantadine or orphenadrine)
- if you take medicines that affect your body's ability to breakdown Bupropion Orion (carbamazepine, phenytoin, valproate)
- if you take some medicines used to treat cancer (such as cyclophosphamide, ifosfamide)
- if you take ticlopidine or clopidogrel, mainly used to heart disease or to prevent stroke
- if you take some beta blockers (such as metoprolol), mainly used to treat high blood pressure
- if you take some medicines for irregular heart rhythm (propafenone or flecainide)
- if you use nicotine patches to help you stop smoking.

If any of these applies to you, talk to your doctor straight away, before taking Bupropion Orion. Your doctor will weigh up the benefits and risks to you of taking Bupropion Orion.

Bupropion Orion may be less effective:

- if you take ritonavir or efavirenz, medicines to treat HIV infection.

If this applies to you, tell your doctor. Your doctor will check how well Bupropion Orion is working for you. It may be necessary to increase your dose or change to another treatment for your depression. Do not increase your Bupropion Orion dose without advice from your doctor, as this may increase the risk of you having side effects, including seizures.

Bupropion Orion may make other medicines less effective:

- if you take tamoxifen used to treat breast cancer.
If this applies to you, tell your doctor. It may be necessary to change to another treatment for your depression.
- if you take digoxin for your heart.

If this applies to you, tell your doctor. Your doctor may consider adjusting the dose of digoxin.

Bupropion Orion with alcohol

Alcohol can affect the way Bupropion Orion works and, when used together can rarely affect your nerves or your mental state. Some people find they are more sensitive to alcohol when taking Bupropion Orion. Your doctor may suggest you do not drink alcohol (beer, wine or spirits) while taking Bupropion Orion, or try to drink very little. But if you drink a lot now, do not stop suddenly: it may put you at risk of having a fit.

Talk to the doctor about drinking before you start taking Bupropion Orion.

Effect on urine tests

Bupropion Orion may interfere with some urine tests to detect other drugs. If you require a urine test, tell your doctor or hospital that you are taking Bupropion Orion.

Pregnancy and breast-feeding

Do not take Bupropion Orion if you are pregnant, think you may be pregnant or are planning to have a baby unless your doctor recommends it. Ask your doctor or pharmacist for advice before taking this medicine. Some, but not all studies have reported an increase in the risk of birth defects, particularly heart defects, in babies whose mothers were taking bupropion. It is not known if these are due to the use of Bupropion Orion.

The ingredients of Bupropion Orion can pass into breast milk. You should ask your doctor or pharmacist for advice before taking Bupropion Orion.

Driving and using machines

If Bupropion Orion makes you dizzy or light-headed, do not drive or operate any tools or machines.

Excipients

This medicine contains less than 1 mmol (23 mg) sodium per dose, that is to say essentially 'sodium-free'.

3. How to take Bupropion Orion

Always take this medicine exactly as your doctor or pharmacist has told you. These are the usual doses, but your doctor's advice is personal to you. Check with your doctor or pharmacist if you are not sure.

It may take a while before you start feeling better. It takes time for the medicine to have its full effect, sometimes weeks or months. When you do start feeling better, your doctor may advise you to keep taking Bupropion Orion to prevent depression coming back.

How much to take

The usual recommended dose for adults only is one 150 mg tablet every day. Your doctor may increase your dose to 300 mg every day if your depression does not improve after several weeks.

Some people will stay on one 150 mg tablet every day for the whole of their treatment. Your doctor may have prescribed this if you have liver or kidney problems.

How long to take it for

Only you and your doctor can decide how long you should take Bupropion Orion. It may take weeks or months of treatment for you to see any improvement. Discuss your symptoms with your doctor regularly to decide how long you should be taking it. When you do start feeling better your doctor may advise you to keep taking Bupropion Orion to prevent depression coming back.

Use in children and adolescents

Bupropion Orion shall not be used by children and adolescents under 18 years.

Method of administration

Take your dose of Bupropion Orion tablets in the morning. Do not take Bupropion Orion more than once each day.

The tablet is covered by a shell that slowly releases medicine inside your body. You may notice something in your stool that looks like a tablet. This is the empty shell passing from your body.

Swallow your tablets whole. Do not chew them, crush them or split them – if you do, there is a danger you could overdose, because the medicine will be released into your body too quickly. This will make you more likely to have side effects, including fits (seizures).

The tablets can be taken with or without food.

If you take more Bupropion Orion than you should

If you take too many tablets, you may increase the risk of a fit (seizure) or other side effects. Don't delay. Ask your doctor what to do or contact your nearest hospital emergency department at once.

If you forget to take Bupropion Orion

If you miss a dose, wait and take your next tablet at the usual time. Do not take a double dose to make up for a forgotten dose.

If you stop taking Bupropion Orion

Do not stop taking Bupropion Orion or reduce your dose without talking to your doctor first.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Fits or seizures

Approximately 1 in every 1,000 people taking Bupropion Orion is at risk of a fit (a seizure or convulsion).

The chance of this happening is higher if you take too much, if you take certain medicines, or if you are at higher than usual risk of fits. If you are worried, talk to your doctor (see section 2).

If you have a fit, tell your doctor when you have recovered. **Don't take any more tablets.**

Allergic reactions

Some people may get allergic reactions to Bupropion Orion. These include:

- red skin or rash (like nettle rash), blisters or itchy lumps (hives) on the skin. Some skin rashes may need hospital treatment, especially if you also have a sore mouth or sore eyes.
- unusual wheezing or difficulty in breathing
- swollen eyelids, lips or tongue
- pain in muscles or joints
- collapse or blackout.

If you have any signs of an allergic reaction contact a doctor at once. **Don't take any more tablets.**

Allergic reactions can last a long time. If your doctor prescribes something to help with allergic symptoms, make sure you finish the course.

Other side effects

Very common (may affect more than 1 in 10 people):

- difficulty in sleeping. Make sure you take Bupropion Orion in the morning.
- headache
- dry mouth
- feeling sick, vomiting.

Common (may affect up to 1 in 10 people):

- fever, dizziness, itching, sweating and skin rash (sometimes due to an allergic reaction)
- shakiness, tremor, weakness, tiredness, chest pain
- feeling anxious or agitated
- tummy pain or other upsets (constipation), changes in the taste of food, loss of appetite (anorexia)
- increase in blood pressure sometimes severe, flushing
- ringing in the ears, visual disturbances.

Uncommon (may affect up to 1 in 100 people):

- feeling depressed (see also section 2 “Warnings and precautions” under “Thoughts of suicide and worsening of your depression”)
- feeling confused
- difficulty concentrating
- raised heart rate
- weight loss.

Rare (may affect up to 1 in 1,000 people):

- seizures.

Very rare (may affect up to 1 in 10,000 people):

- palpitations, fainting
- twitching, muscle stiffness, uncontrolled movements, problems with walking or coordination
- feeling restless, irritable, hostile, aggressive, strange dreams, tingling or numbness, loss of memory
- yellowing of skin or the whites of your eyes (jaundice) which may be caused by raised liver enzymes, hepatitis
- severe allergic reactions, rash together with joint and muscle pains
- changes in blood sugar levels
- urinating more or less than usual
- urinary incontinence (involuntary urination, leakage of urine)
- severe skin rashes that may affect the mouth and other parts of the body and can be life threatening
- worsening of psoriasis (thickened patches of red skin)
- feeling unreal or strange (depersonalisation), seeing or hearing things that are not there (hallucinations), sensing or believing things that are not true (delusions), severe suspiciousness (paranoia).

Not known (frequency cannot be estimated from the available data):

Other side effects have occurred in a small number of people but their exact frequency is unknown:

- thoughts of harming or killing themselves while taking Bupropion Orion or soon after stopping treatment (see section 2, “What you need to know before you take Bupropion Orion”). If you have these thoughts, contact your doctor or go to a hospital straight away.
- loss of contact with reality and unable to think or judge clearly (psychosis); other symptoms may include hallucinations and/or delusions

- reduced numbers of red blood cells (anaemia), reduced numbers of white blood cells (leucopenia) and reduced numbers of platelets (thrombocytopenia)
- blood sodium decreased (hyponatraemia).

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the national reporting system listed in [Appendix V](#). By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Bupropion Orion

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the pack. The expiry date refers to the last day of that month.

Do not store above 25°C.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Bupropion Orion contains

- The active substance is bupropion hydrochloride. Each tablet contains 150 mg or 300 mg of bupropion hydrochloride.
- The other ingredients are:
Tablet core: povidone, hydrochloric acid, sodium stearyl fumarate.
Tablet coating: ethylcellulose, hydroxy propylcellulose, methacrylic acid-ethyl acrylate copolymer, silica, colloidal anhydrous, macrogol, triethyl citrate, hypromellose.

What Bupropion Orion looks like and contents of the pack

150 mg tablet: White to pale yellow, round, biconvex tablets plain on both sides. Diameter of the tablet is 7.1 mm to 7.7 mm.

300 mg tablet: White to pale yellow, round, biconvex tablets plain on both sides. Diameter of the tablet is 9.6 mm to 10.0 mm.

Tablets are available in HDPE-bottles of 30 and 90 tablets with child-resistant cap. Bottles contain a silica gel/activated carbon pillow and an oxygen/moisture absorber.

Not all pack sizes may be marketed.

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