

Package leaflet: Information for the patient

Ambrisentan Bluefish 5 mg film-coated tablets

Ambrisentan Bluefish 10 mg film-coated tablets

ambrisentan

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, pharmacist or nurse.
- This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

What is in this leaflet

1. What Ambrisentan Bluefish is and what it is used for
2. What you need to know before you take Ambrisentan Bluefish
3. How to take Ambrisentan Bluefish
4. Possible side effects
5. How to store Ambrisentan Bluefish
6. Contents of the pack and other information

1. What Ambrisentan Bluefish is and what it is used for

Ambrisentan Bluefish contains the active substance ambrisentan. It belongs to a group of medicines called other antihypertensives (used to treat high blood pressure).

It is used to treat pulmonary arterial hypertension (PAH) in adults. PAH is high blood pressure in the blood vessels (the pulmonary arteries) that carry blood from the heart to the lungs. In people with PAH, these arteries get narrower, so the heart has to work harder to pump blood through them. This causes people to feel tired, dizzy and short of breath.

Ambrisentan Bluefish widens the pulmonary arteries, making it easier for the heart to pump blood through them. This lowers the blood pressure and relieves the symptoms.

Ambrisentan Bluefish may also be used in combination with other medicines used to treat PAH.

2. What you need to know before you take Ambrisentan Bluefish

Do not take Ambrisentan Bluefish

- if you are allergic to ambrisentan, soya, or any of the other ingredients of this medicine (listed in section 6)
- if you are pregnant, if you are planning to become pregnant, or if you could become pregnant because you are not using reliable birth control (contraception). Please read the information under 'Pregnancy'
- if you are breast feeding. Read the information under 'Breast-feeding'
- if you have liver disease. Talk to your doctor, who will decide whether this medicine is suitable for you
- if you have scarring of the lungs, of unknown cause (idiopathic pulmonary fibrosis).

Warnings and precautions

Talk to your doctor before taking this medicine if you have:

- liver problems
- anaemia (a reduced number of red blood cells)

- swelling in the hands, ankles or feet caused by fluid (*peripheral oedema*)
- lung disease where the veins in the lungs are blocked (*pulmonary veno-occlusive disease*).

→ **Your doctor will decide** whether Ambrisentan Bluefish is suitable for you.

You will need regular blood tests

Before you start taking Ambrisentan Bluefish, and at regular intervals while you're taking it, your doctor will take blood tests to check:

- whether you have anaemia
- whether your liver is working properly.

→ It is important that you have these regular blood tests for as long as you are taking Ambrisentan Bluefish.

Signs that your liver may not be working properly include:

- loss of appetite
- feeling sick (nausea)
- being sick (vomiting)
- high temperature (fever)
- pain in your stomach (abdomen)
- yellowing of your skin or the whites of your eyes (jaundice)
- dark-coloured urine
- itching of your skin.

If you notice any of these signs:

→ Tell your doctor immediately.

Children and adolescents

Ambrisentan Bluefish is not recommended for children and adolescents aged under 18 years as the safety and effectiveness is not known in this age group.

Other medicines and Ambrisentan Bluefish

Tell your doctor or pharmacist if you're taking, have recently taken or might take any other medicines.

Your doctor may need to adjust your dose of Ambrisentan Bluefish if you start taking cyclosporine A (a medicine used after transplant or to treat psoriasis).

If you're taking rifampicin (an antibiotic used to treat serious infections) your doctor will monitor you when you first start taking Ambrisentan Bluefish.

If you're taking other medicines used to treat PAH (e.g. iloprost, epoprostenol, sildenafil) your doctor may need to monitor you.

→ **Tell your doctor or pharmacist** if you are taking any of these medicines.

Pregnancy

Ambrisentan Bluefish may harm unborn babies conceived before, during or soon after treatment.

→ **If it is possible you could become pregnant, use a reliable form of birth control** (contraception) while you're taking Ambrisentan Bluefish. Talk to your doctor about this.

→ **Don't take Ambrisentan Bluefish if you are pregnant or planning to become pregnant.**

→ **If you become pregnant or think that you may be pregnant** while you're taking Ambrisentan Bluefish, **see your doctor immediately.**

If you are a woman who could become pregnant, your doctor will ask you to take a pregnancy test before you start taking Ambrisentan Bluefish and regularly while you are taking this medicine.

Breast-feeding

It is not known if Ambrisentan Bluefish is transferred to breast milk.

→ **Don't breast-feed while you're taking Ambrisentan Bluefish.** Talk to your doctor about this.

Fertility

If you are a man taking Ambrisentan Bluefish, it is possible that this medicine may lower your sperm count. Talk to your doctor if you have any questions or concerns about this.

Driving and using machines

Ambrisentan Bluefish may cause side effects, such as low blood pressure, dizziness, tiredness (see section 4), that may affect your ability to drive or use machines. The symptoms of your condition can also make you less fit to drive or use machines.

→ **Don't drive or use machines if you're feeling unwell.**

Ambrisentan Bluefish contains lactose, allura red AC, lecithin (soya) and sodium

Ambrisentan Bluefish tablets contain lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

Ambrisentan Bluefish tablets contain lecithin derived from soya. If you are allergic to soya, do not use this medicinal product (see section 2 'Don't take Ambrisentan Bluefish').

Ambrisentan Bluefish tablets contain a colouring called Allura red AC (E129) which may cause allergic reactions (see section 4).

This medicine contains less than 1 mmol sodium (23 mg) per tablet, which means that it is essentially 'sodium-free'.

3. How to take Ambrisentan Bluefish

Always take this medicine exactly as your doctor or pharmacist has told you to. Check with your doctor or pharmacist if you're not sure.

How much Ambrisentan Bluefish to take

The usual dose of Ambrisentan Bluefish is one 5 mg tablet, once a day. Your doctor may decide to increase your dose to 10 mg, once a day.

If you take cyclosporine A, do not take more than one 5 mg tablet of Ambrisentan Bluefish, once a day.

How to take Ambrisentan Bluefish

It is best to take your tablet at the same time each day. Swallow the tablet whole, with a glass of water, do not split, crush or chew the tablet. You can take Ambrisentan Bluefish with or without food.

If you take more Ambrisentan Bluefish than you should

If you take too many tablets you may be more likely to have side effects, such as headache, flushing, dizziness, nausea (feeling sick), or low blood pressure that could cause light-headedness:

→ **Ask your doctor or pharmacist for advice** if you take more tablets than prescribed.

If you forget to take Ambrisentan Bluefish

If you forget a dose of Ambrisentan Bluefish, just take the tablet as soon as you remember, then carry on as before.

→ **Don't take two doses at the same time to make up for a forgotten dose.**

Don't stop taking Ambrisentan Bluefish without your doctor's advice

Ambrisentan Bluefish is a treatment that you will need to keep on taking to control your PAH.

→ **Don't stop taking Ambrisentan Bluefish unless you have agreed this with your doctor.**

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

Conditions you and your doctor need to look out for:

Allergic reactions

This is a common side effect that may affect **up to one in 10** people. You may notice a rash or itching and swelling (usually of the face, lips, tongue or throat), which may cause difficulty in breathing or swallowing

Swelling (oedema), especially of the ankles and feet

This is a very common side effect that may affect **more than one in 10** people

Heart failure

This is due to the heart not pumping out enough blood, causing shortness of breath, extreme tiredness and swelling in the ankles and legs. This is a common side effect that may affect **up to one in 10** people

Anaemia (reduced number of red blood cells)

This is a blood disorder which can cause tiredness, weakness, shortness of breath, and generally feeling unwell. Sometimes this requires a blood transfusion. This is a very common side effect that may affect **more than one in 10** people

Hypotension (low blood pressure)

This can cause light-headedness. This is a common side effect that may affect **up to one in 10** people

→ **Tell your doctor straight away** if you get these effects or if they happen suddenly after taking Ambrisentan Bluefish.

It is important to have regular blood tests, to check for anaemia and that your liver is working properly. **Make sure that you have also read the information in section 2** under 'You will need regular blood tests' and 'Signs that your liver may not be working properly'.

Other side effects include

Very common side effects:

- headache
- dizziness
- palpitations (fast or irregular heart beats)
- worsening shortness of breath shortly after starting Ambrisentan Bluefish
- a runny or blocked nose, congestion or pain in the sinuses
- feeling sick (nausea)
- diarrhoea
- feeling tired

In combination with tadalafil (another PAH medicine)

In addition to the above:

- flushing (redness of the skin)
- being sick (vomiting)
- chest pain/discomfort.

Common side effects:

- blurry or other changes to vision
- fainting
- abnormal blood test results for liver function
- a runny nose
- constipation
- pain in your stomach (abdomen)
- chest pain or discomfort
- flushing (redness of the skin)
- being sick (vomiting)
- feeling weak
- nose bleed
- rash

In combination with tadalafil

In addition to the above, except abnormal blood test results for liver function:

- ringing in the ears (*tinnitus*) only when taking the combination treatment.

Uncommon side effects:

- liver injury
- inflammation of the liver caused by the body's own defences (*autoimmune hepatitis*)

In combination with tadalafil

- sudden hearing loss.

Reporting of side effects

If you get any side effects talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly (see details below). By reporting side effects you can help provide more information on the safety of this medicine.

[To be completed nationally]

5. How to store Ambrisentan Bluefish

Keep this medicine out of the sight and reach of children.

Do not use this medicine after the expiry date which is stated on the carton (EXP) and blister. The expiry date refers to the last day of that month.

This medicinal product does not require any special storage conditions.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information**What Ambrisentan Bluefish contains**

- The active substance is ambrisentan. Each film-coated tablet contains 5 or 10 mg.

- The other ingredients are microcrystalline cellulose, lactose monohydrate, croscarmellose sodium, magnesium stearate, polyvinyl alcohol (E 1203), titanium dioxide (E 171), macrogol (E 1521), talc (E 553b), Allura red AC (E 129) and lecithin (soya) (E 322).

What Ambrisentan Bluefish looks like and contents of the pack

Ambrisentan Bluefish 5 mg film-coated tablet is a Pale pink square convex film-coated tablets, debossed with “5” on one side, plain on the other side with a length/width of approximately 5.9 mm.

Ambrisentan Bluefish 10 mg film-coated tablet is a Pink oblong biconvex film-coated tablets, debossed with “10” on one side, plain on the other side with a length of approximately 11.1 mm, a width of approximately 5.6 mm.

Ambrisentan Bluefish 5 mg / 10 mg film-coated tablets are packed in white PVC/ PVDC/ aluminium blisters and/or transparent PVC/ PE/ PVDC/ aluminium blisters.

Pack sizes: 30 tablets

Marketing Authorisation Holder and Manufacturer

[To be completed nationally]

This medicinal product is authorised in the Member States of the EEA under the following names:

Germany	Ambrisentan Bluefish 5 mg/10 mg Filmtabletten
France	AMBRISENTAN BLUEFISH 5 mg/10 mg, comprimé pelliculé
Spain	Ambrisentan Bluefish 5 mg/10 mg comprimidos recubiertos con película
Sweden	Ambrisentan Bluefish 5 mg/10 mg filmdragerade tabletter

This leaflet was last revised in 2021-09-22